

**MEDICAL HISTORY FORM (please complete in BLACK ink)**

**HISTORY OF PRESENT ILLNESS/INJURY**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

Referred by: \_\_\_\_\_ Onset/Date of Injury: \_\_\_\_\_

Body Part(s): \_\_\_\_\_  Right  Left  Bilateral (both sides)

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Did this occur suddenly or gradually? \_\_\_\_\_

**Complaint:**  Pain  Numbness  Swelling  Weakness  Other: \_\_\_\_\_

**Severity:**

- Mild
- Mild/Moderate
- Moderate
- Moderate/Severe
- Severe

**Status:**

- Unchanged
- Better
- Fluctuating
- Improving
- Worse
- Resolved

**Frequency:**

- Intermittent
- Occasional
- Constant
- Rare

**Quality:**

- Aching
- Burning
- Dull
- Sharp
- Throbbing

**Context:**  Injury  Sports Injury  MVA  Work Injury  Other \_\_\_\_\_

**Are you experiencing radiating pain?**  Yes  No If "yes", where does the pain radiate to: \_\_\_\_\_

**Aggravated by:**

- Bending
- Climbing Stairs
- Descending Stairs
- Lifting
- Movement
- Pushing
- Sitting
- Standing
- Walking
- Other: \_\_\_\_\_

**Relieved by:**

- Brace/Splint
- Elevation
- Exercise
- Heat
- Ice
- Injection
- Massage
- Pain/Rx Meds: \_\_\_\_\_
- Mobility
- OTC Meds: \_\_\_\_\_
- PT
- Rest
- Stretching
- Other: \_\_\_\_\_

**Associated Symptoms/Pertinent Negatives:**

- Bruising
- Crepitus (cracking sounds)
- Decreased Mobility
- Difficulty going to sleep
- Instability
- Limping
- Locking
- Night Pain
- Night-time awakening
- Numbness
- Popping
- Spasms
- Swelling
- Tingling in the arms
- Tingling in the legs
- Tenderness
- Weakness
- Other \_\_\_\_\_

Have you had similar symptoms before?  Yes  No If "yes", when \_\_\_\_\_

Doctors who have treated you for this problem: \_\_\_\_\_

Did that doctor refer you here?  Yes  No

Please list all diagnostic tests and treatment performed elsewhere for today's problem (please provide When/Where/What):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**REVIEW OF SYSTEMS (Do you have any of the following symptoms? (Please check all that apply.)**

- |  |  |  |  |  |
|--|--|--|--|--|
| <b>Constitutional:</b><br><input type="checkbox"/> Fatigue<br><input type="checkbox"/> Fever   | <b>Metabolic/Endocrine:</b><br><input type="checkbox"/> Cold Intolerant<br><input type="checkbox"/> Heat Intolerant                      | <b>Neurological:</b><br><input type="checkbox"/> Seizure<br><input type="checkbox"/> Dizziness<br><input type="checkbox"/> Poor Coordination   | <b>Immunological:</b><br><input type="checkbox"/> Environment Allergies<br><input type="checkbox"/> Food Allergies | <b>HEENT:</b><br><input type="checkbox"/> Headache<br><input type="checkbox"/> Vision Loss |
| <b>Hematologic/Blood:</b><br><input type="checkbox"/> Bleeding   | <b>Respiratory:</b><br><input type="checkbox"/> Cough<br><input type="checkbox"/> Dyspnea (shortness of breath)                          | <b>Cardiovascular:</b><br><input type="checkbox"/> Chest Pain<br><input type="checkbox"/> Cyanosis (blue coloration of skin)<br><input type="checkbox"/> Irregular Heartbeats/Palpitations | <b>Integumentary/Skin:</b><br><input type="checkbox"/> Rash<br><input type="checkbox"/> Lesion/Wound               |  |
| <b>Gastrointestinal:</b><br><input type="checkbox"/> Constipation<br><input type="checkbox"/> Diarrhea<br><input type="checkbox"/> Nausea<br><input type="checkbox"/> Vomiting | <b>Genitourinary:</b><br><input type="checkbox"/> Dysuria (painful urination)<br><input type="checkbox"/> Hematuria (blood in the urine) | <input type="checkbox"/> <b>None of the above</b>  |  |  |

**Current Medications:**  NONE  List attached

**Allergies/Reactions:**  NONE

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_  
 \_\_\_\_\_/\_\_\_\_\_  
 \_\_\_\_\_/\_\_\_\_\_

Do you have a history of infection with a bacteria called MRSA?  Yes  No Date treated: \_\_\_\_\_

**PATIENT'S MEDICAL HISTORY (Please check all that apply)**

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Alcoholism<br><input type="checkbox"/> Alzheimers<br><input type="checkbox"/> Anemia<br><input type="checkbox"/> Angina<br><input type="checkbox"/> Arthritis<br><input type="checkbox"/> Asthma<br><input type="checkbox"/> Atrial Fibrillation<br><input type="checkbox"/> Benign Prostatic Hypertrophy<br><input type="checkbox"/> Cancer<br><input type="checkbox"/> Cerebrovascular Accident (Stroke)<br><input type="checkbox"/> Congestive Heart Failure (CHF) | <input type="checkbox"/> COPD (Emphysema)<br><input type="checkbox"/> Coronary Artery Disease<br><input type="checkbox"/> Crohn's Disease<br><input type="checkbox"/> Degenerative Joint Disease<br><input type="checkbox"/> Depression<br><input type="checkbox"/> Diabetes<br><input type="checkbox"/> Drug Abuse<br><input type="checkbox"/> DVT (Blood Clot)<br><input type="checkbox"/> Fibromyalgia<br><input type="checkbox"/> Gallbladder Disease<br><input type="checkbox"/> GERD<br><input type="checkbox"/> Gout<br><input type="checkbox"/> Hepatitis<br><input type="checkbox"/> Hyperlipidemia | <input type="checkbox"/> Hypertension<br><input type="checkbox"/> Inflammatory Bowel Disease<br><input type="checkbox"/> Juvenile Rheumatoid Arthritis<br><input type="checkbox"/> Kidney Disease<br><input type="checkbox"/> Liver Disease<br><input type="checkbox"/> Lyme Disease<br><input type="checkbox"/> Migraine Headaches<br><input type="checkbox"/> Multiple Sclerosis<br><input type="checkbox"/> Myocardial Infarction (heart attack)<br><input type="checkbox"/> Obesity<br><input type="checkbox"/> Osteoarthritis<br><input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Parkinson Disease<br><input type="checkbox"/> Peptic Ulcer Disease<br><input type="checkbox"/> Psoriasis<br><input type="checkbox"/> PVD<br><input type="checkbox"/> Renal Disease<br><input type="checkbox"/> Rheumatoid Arthritis<br><input type="checkbox"/> Scoliosis<br><input type="checkbox"/> Seizure Disorder<br><input type="checkbox"/> Sleep Apnea<br><input type="checkbox"/> SLE (Lupus)<br><input type="checkbox"/> Spinal Stenosis<br><input type="checkbox"/> Thyroid Disease<br><input type="checkbox"/> Valvular Disease<br><input type="checkbox"/> <b>None</b><br><input type="checkbox"/> <b>Other:</b> |
|--|--|---|--|

**PAST SURGICAL HISTORY**  No Prior Surgery

Operation (please verify what side of the body when necessary)	DATE

**PATIENT'S FAMILY HISTORY**

- Heart Disease**  Yes  No     
 **Cancer**  Yes  No     
 **Diabetes**  Yes  No  
**Rheumatologic/Gout Disorders**  Yes  No     
 **Bleeding Disorders**  Yes  No     
 **History of Blood Clots**  Yes  No  
**Family history of chronic/inherited diseases:** \_\_\_\_\_  
**Is your father living**  Yes  No | **Is your mother living**  Yes  No  
**If no, cause of death(s) :** \_\_\_\_\_

**PATIENT'S SOCIAL HISTORY**

- Tobacco Use:**  Yes  No  Former/Year Quit \_\_\_\_\_     
 **Consume Alcohol:**  Yes  No  Former/Year Quit \_\_\_\_\_  
**Substance Abuse:**  Yes  No  Former/Year Quit \_\_\_\_\_  
**Activity Level:**  Sedentary  Moderate  Vigorous     
 **Type of Exercise:** \_\_\_\_\_  
**Hand Dominance:**  Left  Right  Ambidextrous  
**Occupation:** \_\_\_\_\_ **Employment Status:**  Full Time  Part Time  Unemployed  Unable to work  Light Duty

**Date:** \_\_\_\_\_ **Signature of Patient, Parent, or Guardian:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Reviewing Physician Signature:** \_\_\_\_\_