

Dr. Colton began her interest in orthopaedic surgery as a Division 1 basketball player at the University of New Hampshire. It was there that she met an orthopaedic surgeon who helped her teammate return to the game after a season-ending ACL rupture. In this she discovered the unique ability that a surgeon has in restoring athletes to full function. She served as team captain in her senior year and was named Scholar Athlete of the Year.

After medical school at Temple and Orthopaedic Surgery residency at Penn, she furthered her surgical skills at the elite Rush University Medical Center, where she worked with the Chicago White Sox and the Chicago Bulls, as well as served as a team physician for a minor league ice hockey team. At Rush she advanced her arthroscopic skills in the shoulder, knee, hip, and elbow, and had a tremendous amount of experience with joint and articular cartilage restoration procedures such as osteochondral autografting and allografting, meniscal transplants, autologous chondrocyte transplantation (ACI), and microfracture.

Together with her partners at Surgical Orthopedic Associates, Dr. Colton is the head team physician for Marple-Newtown High School and Garnet Valley High School.

Board certified by the American Board of Orthopedic Surgeons, Dr. Colton is a member of the Pennsylvania Medical Society, Pennsylvania Orthopaedic Society, and the Philadelphia Orthopaedic Society. She is also a member of the American Orthopaedic Society for Sports Medicine. Her hospital affiliations include Riddle Memorial Hospital, Delaware County Memorial Hospital, Roxborough Memorial Hospital, Springfield Hospital, and the Surgery Center of Pennsylvania.